

The NSqF Squash League will be managed by an administrator appointed by the Norwegian Squash Federation.

- All participating clubs must be full members of the Norwegian Squash Federation before the league's commencement.
- Membership status must be maintained throughout the league.

Rules and Regulations

1. Scope

- The NSqF Squash League applies to the following divisions:
- Division 1
- Division 2
- These regulations cover league matches, and playoffs, organised under the NSqF banner.

2. Composition of the Divisions

- Each division will consist of a minimum of four players. There is no maximum limit on the number of teams who want to participate.
- Teams must have at least four players, including one female player.
- Division structure will be determined based on the registrations received.

3. Eligibility to Participate

⇒ Clubs must:

- Be registered members of NSqF.
- Have no outstanding dues with NSqF.
- Submit proof of facilities that meet NSqF squash court standards.

4. Team Registration

- Team registration must be submitted to NSqF by July 15 for the upcoming season.
- Teams must include their club's name, contact details, and confirmation of league compliance.
- Late registrations will incur penalties and may not guarantee participation.

5. Player Registration and Transfers

- Player lists must be submitted by July 31, including:
- Full name, date of birth, nationality, and playing squash license.
- Players may only register for one club per season and participate in one division per season.

6. Squash License

- License is granted if the team and players meet eligibility requirements.
- License may be revoked if a club breaches league rules or fails to meet obligations.

7. Finalization of Player Order

- Player orders must be determined and submitted by July 25th.

- Protests or objections to player orders must be submitted by July 26th and resolved by August 1st.

8. *Club Changes*

- Players transferring between clubs must receive approval from NSqF and follow league deadlines.
- Clubs may propose where new players should be ranked in their team order; NSqF has final authority on rankings.

9. *Player Eligibility*

- Players must:
- Be registered with NSqF.
- Hold valid playing license.
- Be present 45 minutes before the match start time.
- Teams failing to meet minimum player requirements will forfeit their match.

10. *Match Operations*

- Matches will follow a round-robin format, played over five weekends during the 2025/26 season.
- Official match days are Saturdays and Sundays, with matches starting at 11:00.
- Matches consist of five games (best of 5), scored to 11 points.
- Lineups must be submitted at least 60 minutes before the match start.

11. *Match Rescheduling*

- Matches may only be rescheduled with mutual agreement from both teams and approval from NSqF and league administrator.

12. *League Standings*

- Points are awarded as follows:
- 1 point for each match won.
- 3 bonus points for winning a tie.

Explanation of Point System:

- You get 1 point for every match you win.
- If the team wins the whole tie, you get 3 extra points as a bonus.

Example:

- If you win 3-2 in matches, you get 6 points (3 for the match + 3 bonus).
- If you lose 2-3, you only get 2 points (for the matches you won).

Breakdown:

- Count how many matches you win > That's your base points.
- If you win the match tie > Add 3 bonus points.
- In the case of a tie in standings, rankings will be determined by:
- Number of matches won.
- Game difference.

13. Host Club Obligations

- Host clubs must:
- Provide courts that meet NSqF standards.
- Ensure appropriate facilities for players and guests.
- Submit match results to NSqF/administrator within 24 hours.

14. Costs of Home and Visiting Clubs

- Host clubs are responsible for matchday operations, including court preparation.
- Host clubs must provide meals to the visiting clubs.
- Visiting clubs cover their own travel, accommodation.

15. General Meetings of League Clubs

- NSqF will organise annual meetings to review league operations and gather club input.
- Attendance by club representatives is mandatory.

16. NSqF League Board Responsibilities

- The NSqF League Board oversees:
- Match scheduling.
- Rule enforcement.
- Final decisions on protests and appeals.

17. Match Official Responsibilities

- Match officials must:
- Verify player eligibility.
- Ensure adherence to match rules.
- Record and report match results.

18. Referee Requirements

- Referees must hold valid squash certifications.
- Host clubs are responsible for assigning referees.

19. League Playoffs and Championships

- The top 4 teams in each division advance to semi-finals, and 2 team advance to finals.
- Playoffs will follow a single-elimination format.
- Playoff dates will be announced at the start of the season.

20. Relegation and Promotion Rules

- The lowest 2 teams will face relegation, while the highest 2 teams from lower divisions will be promoted.
- Promotion and relegation criteria will be determined based on final standings and tournament committee assessments.

21. Filing Protests

- Protests must be submitted in writing within 48 hours of the match.

- The league board will review and issue a decision within one week.

22. Penalties and Legal Remedies

- Violations of league rules may result in:
 - Fines.
 - Point deductions.
 - Match forfeitures.
- Appeals must be submitted to the NSqF League Board.

23. Amendments to League Rules

- Amendments to these regulations require approval by the NSqF League Board and will be communicated to all clubs.